

| YEAR/ LEVEL | Health Sub Strand | CURRICULUM ACHIEVEMENT OBJECTIVES | CORRELATIONS TO "ANTI-BULLYING BASICS" |
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| Years 5-8 | A. Personal Health and Physical Development | A1 Personal growth and development Identify factors that affect personal, physical, social, and emotional growth and develop skills to manage changes. A3 Safety management Identify risks and their causes and describe safe practices to manage these. A4 Personal identity Describe how their own feelings, beliefs, and actions, and those of other people, contribute to their personal sense of self-worth. | Bullied by Boys Bullied by Friends Bullied by Girls Bullied by Groups Bullied in Cyberspace Bullied to Belong |
| Level 3 | C. Relationships with Other People | C1 Relationships Identify and compare ways of establishing relationships and managing changing relationships. C2 Identity, sensitivity, and respect Identify ways in which people discriminate and ways to act responsibly to support themselves and other people. C3 Interpersonal skills Identify the pressures that can influence interactions with other people and demonstrate basic assertiveness strategies to manage these. | |
| | D. Healthy Communities and Environments | Students will: D4 People and the environment Plan and implement a programme to enhance an identified social or physical aspect of their classroom or school environment. | |



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| Value | A. Personal Health and Physical Development | A1 Personal growth and development Describe the characteristics of pubertal change and discuss positive adjustment strategies. A3 Safety management Access and use information to make and action safe choices in a range of contexts. A4 Personal identity Describe how social messages and stereotypes, including those in the media, can affect feelings of self-worth. | |
| Years 8-9 Level 4 | C. Relationships with Other People | Students will: C1 Relationships Identify the effects of changing situations, roles, and responsibilities on relationships and describe appropriate responses. C2 Identity, sensitivity, and respect Recognise instances of discrimination and act responsibly to support their own rights and feelings and those of other people. C3 Interpersonal skills Describe and demonstrate a range of assertive communication skills and processes that enable them to interact appropriately with other people. | Bullied by Boys Bullied by Friends Bullied by Girls Bullied by Groups Bullied in Cyberspace Bullied to Belong |
| | D. Healthy Communities and Environments | Students will: D1 Societal attitudes and values Investigate and describe lifestyle factors and media influences that contribute to the well-being of people in New Zealand. D3 Rights, responsibilities, and laws; D4 People and the environment Specify individual responsibilities and take collective action for the care and safety of other people in their school and in the wider community. | |



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| Year 10 Level 5 | A. Personal Health and Physical Development | Students will: A1 Personal growth and development Describe physical, social, emotional, and intellectual processes of growth and relate these to features of adolescent development and effective self-management strategies. A3 Safety management Investigate and practise safety procedures and strategies to manage risk situations. A4 Personal identity Investigate and describe the ways in which individuals define their own identity and sense of self-worth and how this influences the ways in which they describe other people. | Bullied by Boys Bullied by Friends Bullied by Girls Bullied by Groups Bullied in Cyberspace Bullied to Belong |
| | C. Relationships with Other People | Students will: C1 Relationships Identify issues associated with relationships and describe options to achieve positive outcomes. C2 Identity, sensitivity, and respect Demonstrate an understanding of how attitudes and values relating to difference influence their own safety and that of other people. C3 Interpersonal skills Demonstrate a range of interpersonal skills and processes that help them to make safe choices for themselves and other people in a variety of settings. | |
| | D. Healthy Communities and Environments | Students will: D1 Societal attitudes and values Investigate societal influences on the well-being of student communities. D4 People and the environment Investigate and evaluate aspects of the school environment that affect people's well-being and take action to enhance these aspects. | |



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| | A. Personal Health and Physical Development | Students will: A1 Personal growth and development Investigate and understand reasons for the choices people make that affect their well-being and explore and evaluate options and consequences. A3 Safety management Demonstrate understanding of responsible behaviours required to ensure that challenges and risks are managed safely in physical and social environments. A4 Personal identity | |
| Year 11 | | Demonstrate an understanding of factors that contribute to personal identity and celebrate | |
| Level 6 | | individuality and affirm diversity. | Bullied by Boys |
| | C. Relationships with Other People | Students will: C1 Relationships Demonstrate an understanding of how individuals and groups affect relationships by influencing people's behaviour, beliefs, decisions, and sense of self-worth. C2 Identity, sensitivity, and respect Plan and evaluate strategies recognising their own and other people's rights and responsibilities to avoid or minimise risks in social situations. C3 Interpersonal skills Plan strategies and demonstrate interpersonal skills to respond to challenging situations appropriately | Bullied by Girls Bullied by Groups Bullied in Cyberspace Bullied to Belong |
| | D. Healthy Communities and Environments | Students will: D3 Rights, responsibilities, and laws Compare and contrast personal values and practices with policies, rules, and laws and investigate how the latter contribute to safety in the school and community. D4 People and the environment Investigate the roles and the effectiveness of local, national, and international organisations that promote well-being and environmental care. | |