

To help you complete this worksheet, use the *Play Sports!* book.

# Football

American football is played by \_\_\_\_\_ teams on a large field. Players move the ball down the field by \_\_\_\_\_ or running with it. Players on the other team try to stop the player with the \_\_\_\_\_. Players called \_\_\_\_\_ hand the ball to another player on their team. After one team scores, the other team gets the \_\_\_\_\_.

Players wear \_\_\_\_\_ and \_\_\_\_\_ pads to help keep them from being hurt.

The American football game was made by mixing rules from such other sports as rugby and \_\_\_\_\_.

It's a fact!



\_\_\_\_\_ is a type of football played in Australia, New Zealand, the United Kingdom and other countries. Rugby players do not wear shoulder pads or helmets.

Players score a touchdown by moving the ball across the \_\_\_\_\_ line into the \_\_\_\_\_ zone.

The oval shape of a \_\_\_\_\_ makes it easy to throw.

Field goals are scored by kicking the ball between the \_\_\_\_\_ posts.